

# SDAFP News



**ABOVE:** SDAFP President Joy Mueller, MD and President Elect Jennifer Schriever, MD, FAAFP, attended the AAFP Family Medicine Advocacy Summit in Washington, DC in May.

**RIGHT: SDAFP Family Physician of the Year Mikel Holland, MD, FAAFP**  
Tom Huber, MD, FAAFP presents Debbie Holland the FDOY Award in honor of her husband Dr. Mikel Holland during a social at Drifters in Ft. Pierre on June 15, 2023.

## Inside this issue

President's Letter .....	2
HOSA Students .....	3
AAFP Foundation FMPC.....	3
2023 WSS Highlights.....	4-5
FDOY .....	6
CME Information .....	7
The Match/Vaccines.....	8
Advocacy/Students.....	9
Vaccine Resources.....	10-11

## Special points of interest

- Did you know that 125 Health Professionals attended the 2023 SDAFP Winter Seminar at The Lodge at Deadwood.
- We had 2 SDAFP Physicians attend the AAFP State Legislative Meeting and the Family Medicine Advocacy Summit in Washington, DC.
- We had 3 physicians attend ACLF and 2 attend NCCL in Kansas City.
- Brock Rops, State HOSA Advisor reports SD HOSA Membership has topped 1,000 high school students and over 900 attended the State HOSA Conference in SF in late March.
- We have lots of great CME to offer you, some for a fee and some for free!
- Did you know SDAFP has chosen a Family Doctor of the Year.
- You can order SDAFP Wear on our website at <http://sdafp.org>



## Leadership

### President:

Joy Mueller, MD  
Sturgis

### President Elect:

Jennifer Schriever, MD  
Sioux Falls

### Vice Presidents:

Joshua Doorn, MD  
Sioux Falls

Margaret Becker, MD  
Spearfish

Jon McAreavey, MD  
Watertown, SD

### Past President:

Jeremy Beireis, MD  
Sioux Falls

### Delegates:

Scott Boyens, MD  
Sioux Falls

Lisa Brown, MD  
Rapid City

### Alternate Delegate:

Jason Wickersham, MD  
Parkston

### Resident Board Members:

Austin Eggers, MD Sioux Falls  
Jaylon Lamb, DO Pierre  
Ali Weiss, MD Rapid City

### Executive Director:

Carletta Hauck  
Watertown, SD

## President's Message

Hello!

What a great start to 2023. I think we can all say that our winter seminar in Deadwood this year was once again a great time to get valuable education, reconnect with friends and colleagues and to relax. I hope everyone plans to attend again this coming year.

Some of our SDAFP members and leadership have had the opportunity to attend meetings in both Kansas City and Washington DC. We were able to develop our leadership skills, represent our membership constituencies and advocate for our practice and patients.

On the advocacy front, the national AAFP is working hard to promote better reimbursement for physicians regarding Medicare. We are also working to decrease barriers for physicians who want to begin a career in family medicine. Lastly, there is the ongoing but increasing need to reduce and eliminate step therapy and prior authorizations. If anyone would like to hear more of the details, please reach out to Carletta or myself.

In SD our chapter advocated at the state level to preserve the doctor - patient relationship. Dr Heinemann will be able to provide a more comprehensive summary of this very active legislative season we just finished within our state.

On a final note, I'd like to thank the Family Medicine Physicians of South Dakota for being such a wonderful community of people. I am proud to say I'm part of that community. When I get to speak to physicians from out of state, I enjoy knowing that while we come from different types of practices and see different types and varieties of medical issues,



*Joy Mueller, MD SDAFP President in Washington, DC for FMAS.*

we all work to practice high quality medicine to people we care about.

Please reach out and let us know how we can support you, your practice, and your patients better. Consider becoming a speaker about a topic you are passionate about at our winter conference or becoming a board member. We need a diverse board to accurately represent our great state.

Thank you for being a member of SDAFP!

Joy Mueller, MD  
SDAFP President



*Joy Mueller, MD, Jennifer Schriever, MD, Josh Dorn, MD, Ben Meyerink, MD, Jesse Nieuwenhuis, MD and Dan Heinemann, MD, at supper with AZ, MT, NM, AK chapter leaders at ACLF.*



---

*Brock Rops and his HOSA leaders huddle during the SD HOSA State Conference.*

*The conference was attended by over 900 SD High School students!*

---

**Health Occupation Students in America** South Dakota Chapter will have great representation at the international HOSA conference in Dallas, TX, later this summer. 195 South Dakotans plan to attend the 2023 HOSA's International Leadership Conference in Dallas, TX from June 21-24. Of these, 148 are students who will compete in a number of health science events, visit interactive educational sessions and emerge themselves among 12,000 peers with the similar goals and aspirations.

**How can you get involved?** Most likely the high school in your location has a HOSA chapter. You can reach out to the local advisors and let them know you are available to help any students wanting to participate in the Family Medicine event. The student needs to interview a FM physician as part of the process.

**Support the AAFP Foundation and the Family Medicine Chapter Alliance:**

The AAFP Foundation has many initiatives to advance family medicine including support of residents and medical students, research, and humanitarian programs. One program just got a new name to better describe the work being done. The **Family Medicine Chapter Alliance** is a way for the AAFP Foundation to collaborate with state chapters of AAFP to support grassroots programs. The program also provides a forum for state chapters to learn from each other by showcasing new and innovative programming. Formerly known as the FMPC or Family Medicine Philanthropic Consortium, the program uses a portion of the "dues check off" – funds donated when AAFP members pay their dues. Those funds go into a pool that is available for grants each year. State chapters and chapter foundations are invited to apply for small grants to fund projects in member outreach, public health, and student and resident projects. SD has received grants in the past to support On Call with a Prairie Doc; student travel to meetings, HOSA programs and other programs throughout the years.

Please consider donating to the AAFP Foundation when you pay your dues or at any time here and select Chapter Grants as the designation: <https://www.aafpfoundation.org/donate.html>

The AAFP has prepared a HOSA Physician Ambassador resource page, I have linked it to the SDAFP website. <https://www.sdafp.org/wp-content/uploads/2018/05/Family-Medicine-Ambassador.pdf>

Funding from the **AAFP Foundation FMPC** was used to provide prize money to 3 SD HOSA students who were Family Medicine Essay Contest Winners. First place went to Lexi Burma, second Alexa Korzan and third Emma Burch. Thank you to all those who participated.

The **FMPC** also provided funding for a booth at the HOSA Conference. Due to blizzard conditions predicted for a part of the HOSA state conference the exhibit portion did not happen, however the funding was repurposed for use at the National Conference. Carletta Hauck

## 2023 SDAFP Winter Seminar

The 2023 SDAFP Winter Seminar, our premier CME event was held January 26-28 at the Lodge at Deadwood with over 125 physicians, residents and medical students in attendance.

Along with great physician attendance we had 40 exhibitors. Our exhibit room was robust and loaded with information. We spent an evening with the exhibitors and even the dinosaurs were there!

We had 32.25 AAFP CME Credits available to attendees along with 20 ABFM MOC Credits. The conference hosted 21 speakers with 17 lectures, 1 workshop and 2 Group KSAs.



I want to THANK all of you who attended the conference! Getting together and spending time with your colleagues is what this conference is designed for. We build in time for learning and time for socializing. If you have not been to the conference in a while, you many not realize what you are missing.

We added a family hospitality room this year and families had fun hanging out during the sessions.

We hope you and your family will join us January 25-27, 2024, for the next SDAFP Winter Seminar! Come for the CME-Stay for the FUN!

Below are pictures worth a thousand words!



**Picture you and your family here next year!  
Save the date: January 25-27, 2024**

**Thank You Sponsors!**



**Spotlight on exhibitors!!** All of our exhibitors are the best. Above the Sanford crew got into our theme literally with dinosaurs and unicorns!

Sanford also sponsored a family hospitality suite this year. (Picture to the right)

Thanks to all our exhibitors and sponsors the SDAFP Winter Seminar is a great place to connect with many exhibitors who support family medicine, and your colleagues!





## Mikel Holland, MD, FAFAP was named 2023 SDAFP FDOY

Past SDAFP President Mikel (Mike) Holland, MD was awarded the 2023 SDAFP FDOY posthumously. Dr. Holland passed away April 23, 2023.

Mike served as president of the SDAFP in 2009. He had been an active board member for 6 years prior to that. While he was on the board he was active at the national level and spent time traveling many times to represent SD at national AAFP meetings. During his time as President of the SDAFP he had a passion for advocacy and healthcare reform and represented SD well.

Dr. Mikel Dean Holland was born on February 23, 1967 to Sam Holland and Kathy (Amundson) DeWitt, in Minneapolis, Minnesota. He grew up in Mobridge, SD with little sister Cindy, where he was active in rodeo, wrestling, and football. After graduating from Mobridge High School, he attended the University of South Dakota where he received his BS in Biology. He then went on to earn a medical degree from USD Medical School, then completed a residency in Family Practice medicine in Sioux Falls, SD.

Mikel married his high school sweetheart, Deborah Holzer, on June 1, 1990. They lived in Sioux Falls during Mikel's residency, after which they moved to Manhattan, Kansas. There, Mikel was an active-duty Army physician at Fort Riley Army base, where he earned the rank of Major.

Mikel and Debbie moved to Pierre, SD in 1999, where he worked as a board certified family practice physician for Medical Associates Clinic and then for Avera Medical Group. In addition to family practice medicine, Mikel also became Chief Medical Officer for Avera. He eventually transitioned to full time administration and worked most recently as regional president and CEO of Avera St. Mary's hospital.

Mikel was active in the South Dakota Academy of Family Practice Physicians and was a past president. He was a clinical faculty member for the University of South Dakota Medical School and enjoyed mentoring future physicians. He served as a past board member for Capital Area Counseling, and was a member of the Izaak Walton League, Pheasants Forever, and American Legion. Mikel was a member of St. Peter and Paul Catholic Church and was a Knight of Columbus.

One of Mikel's greatest joys was being a father to their two sons, Brent and Andrew. He enjoyed attending all of their activities and especially liked sharing his passion for fishing and hunting with them. Mike cherished his annual Canadian fishing trips with his father and eventually his sons. Hiking in the Black Hills and trail walks were one of Mike and Debbie's favorite past times, as were occasional ATV trail rides and snowmobiling. Other hobbies included wood-working, traveling, and attending country music concerts.

Mike was known for being a man of great character and having a strong work ethic. He had a calm and sensible demeanor. He was a compassionate physician, and his community well-being was important to him. He was a wonderful husband, father, and friend. Mike lost a long and hard fought battle with cancer on April 23, 2023 while surrounded by his loving family. He will be forever loved and missed.

A celebration and recognition of the award was held on Thursday June 15, at Drifters in Pierre. Thank you Avera for including this with a previously planned retirement celebration.



Debbie, Mike, Lisa Brown, MD, Jeremy Beireis, MD Scott Boyens, MD



Tom Dean, MD, Mike, David Brechtelsbauer, MD



Mike and Debbie

## SAVE THE DATES

So you said you want to go to Alaska? Well here is your chance!

### **FMSCA DOT Medical Examiner Training**

Time: 8:00 AM—2:00 PM Friday September 1, 2023 Soldotna, AK or Zoom

Presented by: Doug Martin, MD, FAAFP

### **KSA Care of Older Adults**

Time: 8:00 AM—Noon Saturday September 2, 2023 Soldotna, AK or Zoom

Register on our website at <http://sdafp.org/cme>

Or

<https://alaskaacademyfamilyphysicians.regfox.com/fmcsa-national-registry-training>

You can earn up to 13 CME Credits

ALSO Course Saturday November 11, Anchorage, AK

Register at <http://sdafp.org/cme>



### **SDAFP 2024 Winter Seminar**

**January 25-27, 2024**

**The Lodge at Deadwood, Deadwood, SD**

*We will offer over 25 CME Credits and 20 MOC Credits during this 3 day conference. We will have a lot of time for you to socialize with your colleagues and to spend time on the slopes of Terry Peak with your family!*

*Get your hotel room now because they will sell out and then there is nothing we can do!! Last year we had 125 attendees. Don't Miss Out!*

*605-584-4800 Book your rooms now at The Lodge at Deadwood.*

CME: I want to share some information with you about some of the CME programs that we are able to share with you. There are some continuing medical education companies that are very reputable, who follow ACCME Guidelines to produce evidence based, timely and informative, non bias CME specifically for Family Medicine Physicians. Once they secure the funding for the program they set to work with a professional team to create the CME session.

They typically have family medicine physicians develop the content and they always have a family medicine physician review the content to make sure it is appropriate, free from bias and relevant for family medicine. They then apply for credit from the AAFP and are in compliance with all of their rules regarding CME programs.

I want you to know this is because when you participate in these programs it encourages the companies to not only produce more, but to offer it to us for free. This is a great way to offer our members and your colleagues some of the best CME available. When I send an invitation for you to participate you can then extend that invitation to your team of PA-Cs and NPs so that you can share with your team, this evidence based CME! In order to produce more high quality CME they depend on your feedback so please always fill out the required surveys upon completion.

**2023 Match Set the Record:** The National Residency Match Program (NRMP) had a record number of family medicine positions available this year. This is the 14th straight year of growth in positions offered.

4,530 medical students and graduates matched to family medicine residency programs. Here's the breakdown:

- 1,499 U.S. allopathic medical school (MD) seniors
- 1,514 osteopathic medical school (DO) seniors
- 793 U.S. international medical graduates (IMGs)
- 562 foreign IMGs
- 70 previous graduates of DO-granting schools
- 91 previous graduates of U.S. MD-granting schools
- 1 classified by the NRMP as "other"

Source: <https://www.aafp.org/students-residents/residency-program-directors/national-resident-matching-program-results.html>

## Immunizations and Vaccines

Vaccines are one of the best preventive health tools we have. But vaccine misinformation is a real threat to public health and with increased patient hesitancy, potentially deadly disease outbreaks will happen. It's critical that everyone protect their health and those around them.

According to the CDC, **vaccinations will prevent more than 21 million hospitalizations and 730,000 deaths among children born in the last 20 years.**<sup>1</sup> For every \$1 invested in vaccines, an estimated \$10.20 is saved in direct medical costs.<sup>2</sup> But more education is needed to improve vaccination rates. AAFP resources can support your efforts to get your patients vaccinated, from birth to advanced age. <https://www.aafp.org/family-physician/patient-care/prevention-wellness/immunizations-vaccines.html>

The SDAFP is taking part in an effort to increase immunization rates within racial and ethnic minority communities. All of this information and the links to the information below are on our website at <http://sdafp.org>. The Vaccine Resource Page Link is at the top of our home page.

### **Adult immunization rates, especially among racial and ethnic groups, remain low in the U.S.**

Physicians are often not aware of discrepancies of immunization rates. This PICME and webcast activity is designed to change competence and performance with respect to increasing adult immunization rates among African American patients.

#### *PICME activity:*

Stage A: a self-assessment process.

Stage B: evaluation of current performance, and the implementation of a plan to improve immunization rates based on the self-assessment.

Stage C: measure the effects of the improvement plan and interventions.

#### *Webcast:*

Focused on strategies to increase adult immunization rates among African American patients, including making and implementing an immunization improvement plan.

This CME Activity is supported by a Cooperative Agreement (1 NU66IP000681-01-00) from the Centers for Disease Control and Prevention (CDC).

GO TO PAGE 10-11 to see a list of AAFP resources. If you view this newsletter online at <http://sdafp.org> and look under newsletters you will be able to click on the links to the resources mentioned on those pages.





This was the 20<sup>th</sup> year of the student Pierre trip. The USD SSOM Class of 2026 went to Pierre on January 30-31, 2023. The purpose of the trip is to expose the students to the accessibility of state government, along with highlighting resources such as the department of health, the state lab, and the SD forensic lab. Students were able to observe the legislature in session and met with state leadership including Governor Kristi Noem. While in Pierre, the students also visited the Women's Prison, provided an educational health fair at the Pierre Indian Learning Center and volunteered at Feeding SD.

**SDAFP ADVOCACY:** Family Doctors, I had the privilege of representing the SDAFP as a Lobbyist for the 2023 SD Legislative session. I do not spend the entire session in Pierre but monitor pieces of legislation that impact the Practice of Medicine and Family Medicine in particular. I travel to Pierre when I think personal presence is necessary and if I need to meet with several legislators. I think I made 2 or 3 trips to Pierre. Virtual committee testimony really helps with the time needed. I always consult your Board on issues and if we need to get the word out to the members. The major issues were as follows:

1. Physician Assistant scope of Practice. PAs were seeking independent practice in SD, looking to remove any to remove any requirements for supervision. It was defeated in the State Senate by 4 votes, 2 more votes than last year. There is no doubt that there are regulatory issues related to PA's covering ED's when Physicians are not present in a supervisory role. That may be the issue that needs to be addressed. Our Medical students are very concerned that individuals will get to Practice Medicine with far less education and debt than they will have. Will need to see what comes up in the future. In the meantime, spend more time with the PA's in your practice and build a good relationship, through collaboration and teaching.

2. Several Vaccine bills were defeated. Most of these have to do with loosening the robust school entry requirements we have in South Dakota. A speaker (online) who said he was a Family Physician, (could not be verified) said if you were vaccinated with the COVID vaccine your DNA was mutated. He must have missed those lectures in Medical School. All vaccine bills were defeated.

3. The most controversial bills had to do with Reproductive Issues and care for youth with transgender care needs. I understand there are many opinions on either side of this issue. The real issue here is the intrusion by the state into the practice of Medicine. The state is placing its interest and beliefs over those of Patients and their Physician. This is an issue and where does it stop. If a legislator can convince 1 more than 1/2 the members, they could ban all kinds of appropriate medical care. This is the real issue here. The AAFP has good policy here and guided me in the discussions on these issues.

4. Finally the last issue I want to bring to your attention is the issue of Cannabis oversight. This is another difficult topic. The legislature moved the oversight of additional new conditions that can be added to the list of approved conditions for which a Medical Provider can certify for use, from the Health Department to the Legislature. This means that there will be limited discussion on the scientific evidence and the legislator will decide what is on that list whether it makes scientific sense or not.

I would encourage you to reach out to your legislators and talk to them about the importance of 1. Maintaining the supervision of PA's. 2 Vaccines are an important tool in public health and we must protect the vulnerable in our schools. 3. Please stay out of the Patient-Physician relationship and the exam room.

Questions or comments you can reach out to me. [djheineman@aol.com](mailto:djheineman@aol.com) ,605-940-7635

Dan Heinemann MD Lobbyist for the SDAFP

AAFP Resources	Description	Resources
<p>AAFP CME Performance Improvement Activities: <a href="#">Increasing Adult Immunization Rates Among African American Communities</a></p>	<p>The American Academy of Family Physicians (AAFP) has developed a Performance Improvement Continuing Medical Education (PICME) activity designed to help educate clinicians about the importance of utilizing a quality/practice Improvement method, and Plan, Do, Study, Act (PDSA) to improve vaccination rates. Physicians are often not aware of discrepancies of immunization rates. This PICME and webcast activity is designed to change competence and performance with respect to increasing adult immunization rates among African American patients. Credit approval includes the following session(s):</p> <ul style="list-style-type: none"> <li>• <b>20.00 Performance Improvement AAFP Prescribed Credit(s)</b> - Increasing Adult Immunization Rates Among African American Communities</li> <li>• <b>1.00 Enduring Materials, Self-Study AAFP Prescribed Credit(s)</b> - Increasing Adult Immunization Rates Among African American Communities Webcast</li> </ul> <p>Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn <b>twenty (20) Performance Improvement points in the American Board of Family Medicine (ABFM) Family Medicine Certification program</b></p>	<p><b>Downloadable in PICME Activity:</b></p> <ul style="list-style-type: none"> <li>• Data Collection Form</li> <li>• Data Collection Form Guidance</li> <li>• PDF practice standards for immunizing a</li> <li>• Intervention Planning Form</li> <li>• PDF Tips for spreading the change</li> </ul> <p><b>Online Resources in PICME Activity:</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Centers for Disease Control and Prevention (CDC): Strategies for Increasing Adult Vaccination Rate</a></li> <li>• <a href="#">Centers for Disease Control and Prevention (CDC): Reminder System and strategies for increasing Adult Vaccination Rate</a></li> <li>• <a href="#">AAFP Immunizations and Vaccines</a></li> <li>• <a href="#">Conversations: Improving Adult Immunization Rates Using Simple and Strong Recommendations (Videos)</a></li> </ul>
<p><i>Family Practice Management (FPM)</i> Journal Educational Supplement (Part 1): <a href="#">Improving Adult Immunization Rates Within Racial and Ethnic Minority Communities</a></p>	<p>The American Academy of Family Physicians (AAFP) has developed an educational journal supplement, published in the May/June 2022 issue of <i>Family Practice Management (FPM)</i> on Improving Adult Immunization Rates within Racial and Ethnic Minority Communities, by utilizing quality improvement, recommending routine vaccinations, and reducing vaccine disparities. This educational supplement is part 1 of a 2-part supplement.</p>	<p><b>Downloadable:</b></p> <ul style="list-style-type: none"> <li>• PDF version of full journal educational supplement</li> </ul>
<p><i>Family Practice Management (FPM)</i> Journal Educational Supplement (Part 2): <a href="#">Improving Adult Immunization Rates</a></p>	<p>The American Academy of Family Physicians (AAFP) has developed an educational journal supplement, published in the Nov/Dec 2022 issue of <i>Family Practice Management (FPM)</i> on Improving Adult Immunization Rates within Racial and Ethnic Minority Communities, by utilizing communication</p>	<p><b>Downloadable:</b></p> <ul style="list-style-type: none"> <li>• PDF version of full journal educational supplement</li> </ul>

<p><a href="#">Within Racial and Ethnic Minority Communities</a></p>	<p>strategies and overcoming vaccine myths, misinformation, and barriers. This educational supplement is part 2 of a 2-part supplement.</p>	
<p>AAFP Quick Conversation Guide: COVID-19 Vaccinations for Children 6 months and older</p>	<p>The American Academy of Family Physicians (AAFP) has developed Quick Conversation Guide on: COVID-19 Vaccinations for Children 6 months and Older. The intent of this guide is to assist family physicians and their practice teams as they answer common questions about COVID-19 for young children. During conversations with adults about routine vaccines, it's important for family physicians to inform their patients' children also should be vaccinated. If adults are willing to vaccinate themselves, they are most likely to vaccinate their children.</p>	<p><b>For PDF go to:</b> <b><a href="https://www.sdafp.org/home/vaccine-resource-page">https://www.sdafp.org/home/vaccine-resource-page</a></b></p>

## Thank you 2023 SDAFP Winter Seminar Exhibitors and Sponsors!

American Board of Family Medicine	Aledade	AMGEN
Astellas	AstraZeneca	Avera Recruiter
BAYER	Biohaven	Dakota Radiology
Dakota Vascular	Delta Dental	Diabetes Incorporated
Daiichi Sanyo	Eli Lilly	Equip Sanford Health
Exact Sciences	HOSA	Immunize South Dakota
Idorsia Pharmaceuticals US	Inari Medical	Novartis Obesity Care Team
Monument Health	Janssen J&J	Novo Nordisk Ink
Novo Nordisk Medical Affairs	Pfizer Eliquis	Pfizer Immunization
Pipestone County Medical Center	Prairie Lakes	Sanford Health Plans
Sanford Laboratories	Sanford Recruiters	Sanford Health
SD Game Fish and Parks	Peerview	Project Firstline
Vascular and Interventional Specialists	Beef Check off	Wellmark
Primary Care Education Consortium	SF Family Medicine Residency	Astellas
Community Healthcare Worker Collaborative of SD		

South Dakota Academy of Family Physicians  
 PO Box 695  
 Watertown, SD 57201

NON-PROFIT  
 ORGANIZATION  
 U.S. POSTAGE **PAID**  
 PERMIT #1556